Bilal Kamilla Arnout is a student at KASK school of arts Ghent. Urged by a personal experience he started a project retracing the lost knowledge of living with animals. His work seeks to blend artistic practices and practices we execute in daily life.

Alex Arteaga is an artist researcher investigating aesthetic thinking, the emergence of sense and environments and non-human agencies through aesthetic and phenomenological practices. He is currently researcher at the University of Applied Arts Vienna, co-coordinator of the Research Master in Art and Design (EINA / Universitat Autònoma de Barcelona) and lecturer at the University of the Arts Berlin.

Klaas Devos is a freelance choreographer and researcher exploring the intimate poetry of knowing and thinking bodies and the aesthetics of the (mis)understandings between them. He has a background in dance studies (UAntwerp) and dance research (P.A.R.T.S., a.pass). Devos' aesthetic research focuses on generative scores and dialogues with contemporary music, visual and digital arts, and neuroscience. The researches and performances are organized in collaboration with the undisciplined collective 'Barely Imaginable Beings.

Laetitia Gendre is a French visual artist, Miriam Rohde is a German architect and artist, both are based in Brussels. In her drawings, videos, and texts, Gendre explores the areas where different spaces, realities or states of mind converge. Rohde works i.a. on absence and presence in space and on cinematographic depictions of (architectural) spaces. Together they have developed an artistic practice called 'From Where We Are' which investigates the multilayered relations between abstract concepts of space and the experience of the spaces of our everyday lives.

Heike Langsdorf is an artist exploring the performative qualities of choreographing and conditioning within and beyond the artinstitutional field. Trained as a dancer, she connects to artistic making, thinking and researching through a continuous exploration of movement and choreographic principles.

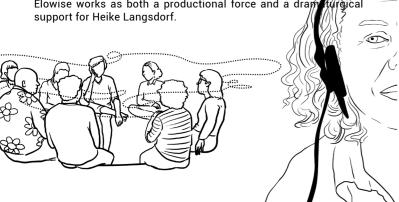
Anouk Llaurens is a dance artist, researcher, teacher (KASK school of arts HOGENT, Royal Conservatory of Antwerp) and Shiatsu practitioner. She borrows and creates collective body-mind practices in order to observe the movement of attention and its intimate connection with the emergence of poetic spaces—spaces where the distinction between subject and object tends to soften.

Irene Lehmann is a Berlin-based performance studies scholar with a focus on gender, experimental music and performance art. Apart from teaching courses on theatre studies at Friedrich-Alexander-Universität Erlangen-Nürnberg she is counselling on artistic research projects and is a practitioner of traditional Shito-Ryu-Karate.

Lilia Mestre is a performing artist and researcher based in Brussels working mainly in collaboration with other artists. She is interested in art practice as a medial tool between several domains of semiotic existence. Mestre works with assemblages, scores and inter-subjective setups as an artist, curator, dramaturge and teacher. She is currently the artistic coordinator and co-curator of a.pass (Advanced performance and scenography studies).

Fransien van der Putt is a dramaturge, critic and writer. For more than 10 years she mixed voices into sound- and textscapes at Radio 100, Amsterdam. The complex, layered, variable qualities of her radio work continued to inspire her as dramaturge and writer—especially in relation to time based art and composition (choreography), the archive and rewriting, performativity, presence and gaps or ghosts.

Elowise Vandenbroecke studies MA International Dramaturgy and works as a freelance dramaturge in various projects (together with Francesca Lazzeri, Rita Hoofwijk, Fransien van der Putt, in de plack Platform Dramaturgie, ...). Within the framework of radio Thope Elowise works as both a productional force and a dram turgical





Through Practices & Mount Tackle (Revisited) are co-produced by KASK school of arts Hogent, Vooruit and radical_hope. The two events are supported by KAAP Creative Compass, Lod nuziektheater and SPIN. For both events Elowise Vandenbroukke worked as dramaturgical advisor and productional force.

Special thanks go to Tawny Andersen, Hazal Arda, Bilal Kamilla Arnout, Alex Arteaga, Liene Arts, Julia Barrios de la Mora, Simone Basani, Geert Belpaeme, Joris Blanckaert, Julien Bruneau, Hans Bryssinck, Anna Czapski, Gaia Carabillo, Boyzie Cekwana, Wouter Decorte, Lieve Demin, Hilde D'haeyere, Julien Desmet, Wouter De Raeve, Wim De Temmerman, Emmanuel Depoortere, Klaas Devos, Laetitia Gendre, Matthieu Goeury, Lauren Grusenmeyer, Ronny Heiremans, David Helbich, Mathieu Hendrickx, Sébastien Hendrickx, Mats van Herreweghe, Antony Hudek, Martine Huvenne, Lars Kwakkenbos, Rudi Laermans, Irene Lehmann, Anouk Llaurens, Frederik Leroy, Pascal Lervant, Bauke Lievens, Anna Luyten, Lilia Mestre, Ernst Maréchal, Vanessa Müller, Diederik Peeters, Agnes Quackels, Rolf Quaghebeur, Barbara Raes, Miriam Rohde, Christoph Ragg, Eloise Vandenbroecke, Merel Vercoutere, Elke Van Campenhout, Fransien van der Putt, An Van Dienderen, Filip Van Dingenen, Stijn Van Dorpe, Kristof Van Gestel, Dirk van Gogh, Karlien Vanhoonacker, Bart Vanvoorden, Danielle Van Zuilen, Ellie Vassalou, Clémentine Vaultier, Katleen Vermeir, Katrien Vuylsteke Vanfleteren, David Weber-Krebs, Peter Westenberg, Adva Zakai

Major thanks go to the experience of being with students in class and colleagues in conversation without which the artistic re-search trajectory 'Distraction as Discipline' at KASK would not have been started.









KAAP CREATIVI COMPAS







... Through Practices invites to explore the ecology of one's personal attention and sense for participation. A variety of guided and hosted scores and protocols make tangible how our mind's presence is influenced by how we move and take part in things (and vice versa).

Being the last event within the artistic research trajectory 'Distraction as Discipline' at KASK, this framework presents the exploration and maintenance of artistic research practices as artistic work. It is a further manifestation of Heike Langsdorf's interest in reclaiming attention and participation as a resistant potential in art and art pedagogy in times of massive technification.

... Through Practices will not end with any conclusion concerning the subject matter and instead invites to attend the performance Mount Tackle (Revisited) on 30 & 31 October 20h at Vooruit / Ghent: A revision of the piece that served at the beginning of Distraction as Discipline as a door for entering the process. Now it serves as a door for continuing the search.

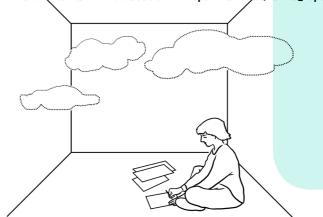
... Through Practices was DEVELOPED during the last phase of Distraction as Discipline (research at KASK Langsdorf & Luyten 2016-19) in preparing dialogue with Alex Arteaga, Anouk Llaurens, joined for a further CO_CREATING DIALOGUE by Miriam Rohde, Laetitia Gendre, Klaas Devos, Fransien van der Putt, Lilia Mestre, Bilal Kamilla Arnout and Irene Lehmann. Each of us choose one of their artistic practices suitable for the specific context of my invitation.

My gratitude goes to the curiosity, patience and sense for adapting and tuning pre-existent givens within an emergent constellation of practices.

Mount Tackle (Revisited) by radical_hope / Heike Langsdorf (2016) is revised this year together with Lilia Mestre and David Helbich.

With: David Helbich, Heike Langsdorf, Anna Luyten, Ernst Maréchal, Lilia Mestre, Christoph Ragg, Dieudonné Zoko, and guest performers: May Abnet, Luna Demey, Anders Herrebaut, Mikel Mugica, Jaco Sette, Lieselot Siddiki, Steven Smis, Maria Stuut, Luka Peeters, Stijn Vandousselaere, Loeke Vanhøutteghem.

Find full credits via www.vooruit.be or www.open-frames.be/radical_hope



A Three Day Practice Space

Developed as a constellation of artistic research practices, the space makes participants both witnesses and movers.

Doing and thinking, witnessing and moving happens all the time regardless of where we are.

Through Practices attempts to concretise and

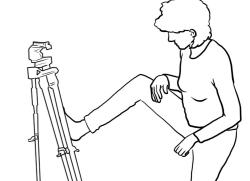
... Through Practices attempts to concretise and collectivise these states in the form of a shared practice space during three consecutive days.

Feel invited to find out what it does to you!

Every morning at **8am** the doors open with making 'Decisions at the Food-Bank'. Artistic practices run from **9am** until **8pm** on monday 28 and tuesday 29, on wednesday 30 from **9am** until **6pm**.

Read about the different practices, about how they function and how to register on the other side of this folder. Follow the color codes of our schedule or ask our outside host for more guidance.

... Through Practices

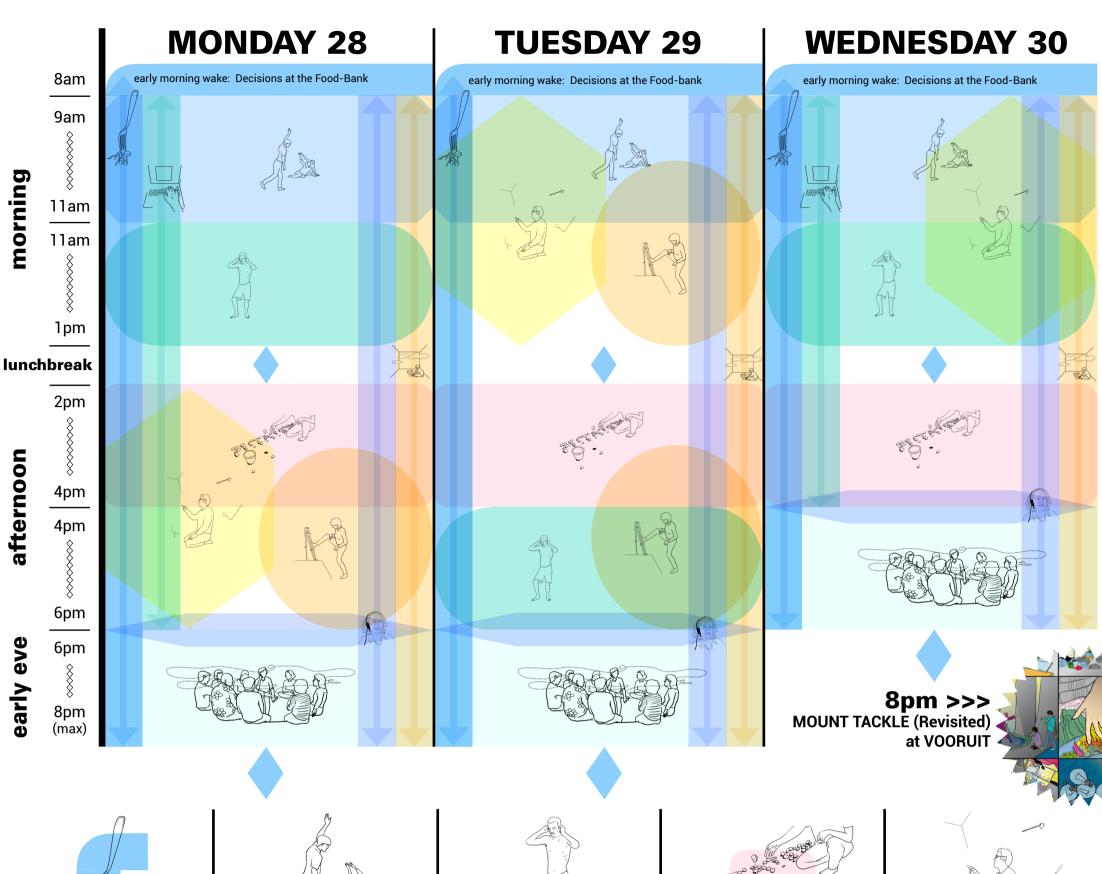


28/29/30 October

2019

9am - 8pm (30 Oct - until 6pm!) Doors: 8am

Zwarte Zaal / KASK





GROUP SERVICE

ongoing: starts every day at 8am with taking Decisions at the Food-Bank (1h)

We are always already taking decisions when feeding ourselves. Group Service will be based on the decisions taken in the early morning at the food-bank. It is the practice that will feed guides, hosts and those who join and is dependant on the time that can go into food production. You are invited to join both the decision-making and the cooking process in the early morning and throughout the day.

Initiated by Bilal Kamilla Arnout

No registration. Max 5 participants: first come, first co-serving. Find Bilal or an inside host!



all days 9am (2h)

The Dance Of The Day is a score for groups to collectively make and execute an accumulative choreography. The situations occurring enhance how one contributes to 'something'-to a possible structure or organisation—that is not yet a given.It makes tangible how we are always already regulating a scene that is yet unruled. This practice explores the performative, or reality-producing, capacity of movement.

Guided by Heike Langsdorf No registration, be on time!



Practicing nervous system

. encircles cracks between experiencing and understanding dance and choreography ... tests environments where the body is not in search for any ideal centeredness ... exercises becoming aware of forgetting, losing attention, and misunderstanding ... almost always starts with extending awareness and vision ... is somatic practicing disguised as a social experiment ... drives on the experiences that are already in play and their resonance.

Guided by Klaas Devos No registration, be on time!



THE WAVE all days 2pm (2h)

A poetic documentation practice that consists of collecting, arranging and removing stones in space. An opportunity to consider a document as the process of tasting the life spanemergence, persistence and dissolution-of a collective event. A contemplative experience based on paying attention to the spaces in between perceptions, actions, objects and people

Guided by Anouk Llaurens

The Wave is a three-day process and people are recommended to join it entirely. Max 12 people per session. Consult our outside host in case you can join only one or two sessions.



FROM WHERE WE ARE mon 2pm / tue & wed 9pm (4h)

From Where We Are is a guided encounter with space. Based on a written protocol that is followed step by step, we construct and expose our invisible, intangible and subjective relations with the spatial environment, where the exercise takes place. Throughout the practice we build awareness and sensitivity for the concrete impact these relations can have on ourselves and also on the space that we are part of.

Guided by Laetitia Gendre & Miriam Rohde Please register! Max 12 people per session, participants should commit for the duration of an entire session.



FRAGILE COMMUNITY S/CORE

mon 3pm / tue 10am & 3pm (3h)

The Fragile Community S/core is a tool for exploring the concept of temporary community through collective doing/thinking. It proposes a system of interactions where varied aesthetic experiences can coexist, challenge and inspire each other. This is done by formulating a series of questions and responses coming from the artistic practices of the participants and the context in which they take place. The score is a process oriented study based on a set of instructions for co-practicing and documenting.

Guided by Lilia Mestre and executed with a core group of 6 practitioners.

You can not register for this practice ... but come witness!



ESSAYING ON PRACTICE

mon 9am - 6pm & wed 9am - 4pm ongoing sporadically

Essaying on Practice is Alex Arteaga's first trial of performing his practice of writing exploratory essays publicly and with the sporadic participation of other writers. Exploratory essay writing is one practice of very slow aesthetic observation. It consists of a detailed and intimate observation of a concept—in this case "practice" conditioned by the agencies of all the elements of writing-the writing technologies, the body's actions, the syntax, semantics and morphology of the text and the elements of layout. This time the observation will be conditioned as well by witnessing the performance of other practices.

Performed by Alex Arteaga

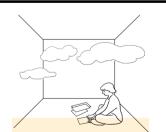
No registration, feel free to witness and / or join.



precaire presence & guaranteed overlaps with two last practices of the day

From the silence of an empty space to the fullness of activities overlapping, there is always sound. Things change while you are listening and listening again. Transforming the space by feeding back, stomaching and cooking the many voices, as in eating and sleeping. Resonance can be writing, writing can be resonance.

Executed by Fransien van der Putt You are always exposed to Mixing and its momentary blasts.



ROOM OF CONSTELLATIONS

ongoing

Linger on. Leave a note. Associate. What can we find out about the relationship between spatial conditions, thinking and writing? This room is a spatial-temporal figure, a punctuation in space and time, it can be at once a contemplative space and a gathering practice. A 'temporal bracket' to where to withdraw and from where to restart your involvement in the present practices. How do they look and sound from a distance? How is this different to indulging in them?

Guided by Irene Lehmann

No registration, find her, follow her or find your own way of using the room ...



REPORTING

mon & tue 6pm / wed 4pm (max 2h)

At the end of each day we will go for a distinct take on group reporting. What has happened and what does it do to us? How do the joined and witnessed practices affect us and make us

Guided by Heike Langsdorf (mon), Alex Arteaga

(tue) and Anouk Llaurens (wed). No registration, be on time!