

Bilal Kamilla Arnout is a student at KASK school of arts Ghent. Urged by a personal experience he started a project retracing the lost knowledge of living with animals. His work seeks to blend artistic practices and practices we execute in daily life.

Alex Arteaga is an artist researcher investigating aesthetic thinking, the emergence of sense and environments and non-human agencies through aesthetic and phenomenological practices. He is currently researcher at the University of Applied Arts Vienna, co-coordinator of the Research Master in Art and Design (EINA / Universitat Autònoma de Barcelona) and lecturer at the University of the Arts Berlin.

Klaas Devos is a freelance choreographer and researcher exploring the intimate poetry of knowing and thinking bodies and the aesthetics of the (mis)understandings between them. He has a background in dance studies (UAntwerp) and dance research (P.A.R.T.S., a.pass). Devos' aesthetic research focuses on generative scores and dialogues with contemporary music, visual and digital arts, and neuroscience. The researches and performances are organized in collaboration with the undisciplined collective 'Barely Imaginable Beings'.

Laetitia Gendre is a French visual artist, **Miriam Rohde** is a German architect and artist, both are based in Brussels. In her drawings, videos, and texts, Gendre explores the areas where different spaces, realities or states of mind converge. Rohde works i.a. on absence and presence in space and on cinematographic depictions of (architectural) spaces. Together they have developed an artistic practice called 'From Where We Are' which investigates the multi-layered relations between abstract concepts of space and the experience of the spaces of our everyday lives.

Heike Langsdorf is an artist exploring the performative qualities of choreographing and conditioning within and beyond the art-institutional field. Trained as a dancer, she connects to artistic making, thinking and researching through a continuous exploration of movement and choreographic principles.

Anouk Llaurens is a dance artist, researcher, teacher (KASK school of arts HOGENT, Royal Conservatory of Antwerp) and Shiatsu practitioner. She borrows and creates collective body-mind practices in order to observe the movement of attention and its intimate connection with the emergence of poetic spaces—spaces where the distinction between subject and object tends to soften.

Irene Lehmann is a Berlin-based performance studies scholar with a focus on gender, experimental music and performance art. Apart from teaching courses on theatre studies at Friedrich-Alexander-Universität Erlangen-Nürnberg she is counselling on artistic research projects and is a practitioner of traditional Shito-Ryu-Karate.

Lilia Mestre is a performing artist and researcher based in Brussels working mainly in collaboration with other artists. She is interested in art practice as a medial tool between several domains of semiotic existence. Mestre works with assemblages, scores and inter-subjective setups as an artist, curator, dramaturge and teacher. She is currently the artistic coordinator and co-curator of a.pass (Advanced performance and scenography studies).

Fransien van der Putt is a dramaturge, critic and writer. For more than 10 years she mixed voices into sound- and textscapes at Radio 100, Amsterdam. The complex, layered, variable qualities of her radio work continued to inspire her as dramaturge and writer—especially in relation to time based art and composition (choreography), the archive and rewriting, performativity, presence and gaps or ghosts.

Elowise Vandenbroecke studies MA International Dramaturgy and works as a freelance dramaturge in various projects (together with Francesca Lazzeri, Rita Hoofwijk, Fransien van der Putt, in de maak Platform Dramaturgie, ...). Within the framework of radical_hope Elowise works as both a productional force and a dramaturgical support for Heike Langsdorf.

Through Practices & Mount Tackle (Revisited) are co-produced by KASK school of arts Hogent, Vooruit and radical_hope. The two events are supported by KAAP Creative Compass, Lod-muziektheater and SPIN. For both events Elowise Vandenbroecke worked as dramaturgical advisor and productional force.

Special thanks go to Tawny Andersen, Hazal Arda, Bilal Kamilla Arnout, Alex Arteaga, Liene Arts, Julia Barrios de la Mora, Simone Basani, Geert Belpaeme, Joris Blanckaert, Julien Bruneau, Hans Bryssinck, Anna Czapski, Gaia Carabillo, Boyzie Cekwana, Wouter Decorte, Lieve Demin, Hilde D'haeyere, Julien Desmet, Wouter De Raeve, Wim De Temmerman, Emmanuel Depoortere, Klaas Devos, Laetitia Gendre, Matthieu Goeury, Lauren Grusenmeyer, Ronny Heiremans, David Helbich, Mathieu Hendrickx, Sébastien Hendrickx, Mats van Herreweghe, Antony Hudek, Martine Huvenne, Lars Kwakkenbos, Rudi Laermans, Irene Lehmann, Anouk Llaurens, Frederik Leroy, Pascal Lervant, Bauke Lievens, Anna Luyten, Lilia Mestre, Ernst Maréchal, Vanessa Müller, Diederik Peeters, Agnes Quackels, Rolf Quaghebeur, Barbara Raes, Miriam Rohde, Christoph Ragg, Eloise Vandenbroecke, Merel Vercoutere, Elke Van Campenhout, Fransien van der Putt, An Van Dienderen, Filip Van Dingenen, Stijn Van Dorpe, Kristof Van Gestel, Dirk van Gogh, Karlien Vanhoonacker, Bart Vanvoorden, Danielle Van Zuilen, Ellie Vassalou, Clémentine Vaultier, Katleen Vermeir, Katrien Vuylsteke Vanfleteren, David Weber-Krebs, Peter Westenberg, Adva Zakai.

Major thanks go to the experience of being with students in class and colleagues in conversation without which the artistic re-search trajectory 'Distraction as Discipline' at KASK would not have been started.



... Through Practices invites to explore the ecology of one's personal attention and sense for participation. A variety of guided and hosted scores and protocols make tangible how our mind's presence is influenced by how we move and take part in things (and vice versa).

Being the last event within the artistic research trajectory 'Distraction as Discipline' at KASK, this framework presents the exploration and maintenance of artistic research practices as artistic work. It is a further manifestation of Heike Langsdorf's interest in reclaiming attention and participation as a resistant potential in art and art pedagogy in times of massive technification.

... Through Practices will not end with any conclusion concerning the subject matter and instead invites to attend the performance Mount Tackle (Revisited) on 30 & 31 October 20h at Vooruit / Ghent: A revision of the piece that served at the beginning of Distraction as Discipline as a door for entering the process. Now it serves as a door for continuing the search.

... Through Practices was DEVELOPED during the last phase of Distraction as Discipline (research at KASK Langsdorf & Luyten 2016-19) in preparing dialogue with Alex Arteaga, Anouk Llaurens, joined for a further CO_CREATING DIALOGUE by Miriam Rohde, Laetitia Gendre, Klaas Devos, Fransien van der Putt, Lilia Mestre, Bilal Kamilla Arnout and Irene Lehmann. Each of us choose one of their artistic practices suitable for the specific context of my invitation.

My gratitude goes to the curiosity, patience and sense for adapting and tuning pre-existent givens within an emergent constellation of practices.

Mount Tackle (Revisited) by radical_hope / Heike Langsdorf (2016) is revised this year together with Lilia Mestre and David Helbich. With: David Helbich, Heike Langsdorf, Anna Luyten, Ernst Maréchal, Lilia Mestre, Christoph Ragg, Dieudonné Zoko, and guest performers: May Abnet, Luna Demey, Anders Herrebaut, Mikel Mugica, Jaco Sette, Lieselot Siddiki, Steven Smis, Maria Stuut, Luka Peeters, Stijn Vandousselaere, Loeke Vanhóftteghem.

Find full credits via www.vooruit.be or www.open-frames.be/radical_hope

A Three Day Practice Space

Developed as a constellation of artistic research practices, the space makes participants both witnesses and movers.

Doing and thinking, witnessing and moving happens all the time regardless of where we are.

... Through Practices attempts to concretise and collectivise these states in the form of a shared practice space during three consecutive days.

Feel invited to find out what it does to you!

Every morning at **8am** the doors open with making 'Decisions at the Food-Bank'. Artistic practices run from **9am** until **8pm** on monday 28 and tuesday 29, on wednesday 30 from **9am** until **6pm**.

Read about the different practices, about how they function and how to register on the other side of this folder.

Follow the color codes of our schedule or ask our outside host for more guidance.

... Through Practices

28/29/30 October 2019

9am - 8pm

(30 Oct - until 6pm!)

Doors: 8am

Zwarte Zaal / KASK

+ Mount Tackle (Revisited)!
30-31 Oct / Vooruit

